

DECEMBER 2018

C.C. CAFE

DECEMBER 2018

Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

HAPPY HANUKKAH!

RODEO HOLIDAY PARTY

Breaded Pollock Fillet

NEW ITEM!

Oven Fried Chicken

- Spinach & Mushroom Alfredo
- Pasta w/Parmesan Cheese
- * Winter Vegetable Blend
- * Stewed Tomatoes
- Fresh Fruit

- All American Hot Dog w/Cheese & Onions
- * Potato Salad
- * Marinated Veggie Salad
- Catsup, Mustard, Relish
- Bun
- Vanilla Ice Cream (Banana)

- w/Lemon Slice
- Clam Chowder
- Mixed Vegetables
- * Seasoned Potato Wedges
- Tartar Sauce
- * Fresh Orange

- Turkey Divan
- * w/Broccoli
- Sliced Carrots
- Tossed Salad w/Balsamic Vinaigrette
- Rice Pilaf
- Chilled Pears

- * Creamy Tomato Basil Soup
- * Cheesy Scalloped Potatoes
- Capri Vegetables
- Fresh Apple



10

11

12

13

14

- Salisbury Steak w/Onion Gravy
- Vegetable Bean Medley
- * Mashed Potatoes
- * Mandarin Oranges

- Chicken Fajita w/Peppers & Onions
- Pork Posole Soup
- Mexicali Corn
- * Spinach Salad w/Ranch Dressing
- Salsa, Flour Tortilla
- * Tropical Fruit

- Beef Sukiyaki over Steamed Rice
- * California Blend Vegetables
- Green Salad w/Honey Mustard Dressing
- Fortune Cookie
- Fresh Fruit

- COLD PLATE
- Cobb Salad
- Lentil Soup
- Garden Pea Salad
- Blue Cheese Dressing
- Dinner Roll w/Butter
- * Citrus Fruit

- BRENTWOOD, EL CERRITO & SAN PABLO HOLIDAY PARTIES
- * Virginia Baked Ham w/Pineapple-Raisin Sauce
- * Whipped Sweet Potatoes
- Green Beans w/Red Peppers
- WW Roll w/Butter
- Chocolate Cake (Fresh Fruit)

17

18

19

20

21

COLD PLATE

PLEASANT HILL HOLIDAY PARTY

SAN RAMON HOLIDAY PARTY

- Sweet & Sour Pork over Brown Rice
- Vegetable Bean Medley
- * Cabbage Salad w/Poppy Seed Dressing and Crispy Noodles
- Mixed Fruit

- Spaghetti & Meatballs w/Parmesan Cheese
- * California Blend Vegetables
- Sliced Beets
- Mixed Green Salad w/Ranch Dressing
- Cherry Gelatin w/Diced Pears (Diet Cherry Gelatin w/Diced Pears)

- Tuna Salad Sandwich
- Chicken Noodle Soup
- Carrot Raisin Salad
- Marinated Beets & Onions
- Lettuce & Tomato
- Mustard & Mayonnaise
- WW Thin Bun
- * Tropical Fruit

- Traditional Turkey Dinner w/Gravy
- * Mashed Potatoes
- * Broccoli & Carrots
- Green Salad w/Creamy Italian Dressing
- Cranberry Sauce
- Pumpkin Pie w/Whipped Topping (Fresh Fruit)

- Cheese Tortellini w/Pesto and Parmesan Cheese
- Italian Vegetables
- Tossed Salad w/Champagne Vinaigrette
- * Tangerine



24

25

26

27

28

CHRISTMAS EVE HOLIDAY

CHRISTMAS HOLIDAY

- Fish Taco w/Flour Tortilla
- Corn Chowder
- * Cilantro Lime Coleslaw
- Pinto Beans
- Salsa
- Fresh Fruit

- Stuffed Pepper
- Capri Vegetables
- * Garlic Mashed Potatoes
- Mixed Green Salad w/Blue Cheese Dressing
- Sliced Peaches

- COLD PLATE
- Waldorf Chicken Salad on Spinach Leaves
- * Mushroom Barley Soup
- Carrot Raisin Salad
- 4 Bean Salad
- Whole Wheat Crackers x2
- Butterscotch Pudding (Fruit)



31

HOLIDAY



- = Item is higher in sodium
- * = Vitamin C
- ___ = Vitamin A
- () = Dessert of Choice
- All meals served w/low fat milk.



DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON DEC. 4, 14, 18, AND 19!
4 DAILY ALTERNATE ENTREE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!