

## PRESS RELEASE

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### Join Meals on Wheels Diablo Region's Fan Club

**(June 1, 2022 – Contra Costa County)** Heat related illnesses can be deadly, especially for older adults. Because many homebound seniors live without air conditioning, Meals on Wheels Diablo Region invites you to join its Fan Club. When you donate a new electric fan to MOW Diablo Region, their volunteers will deliver them to clients in need.

“When we deliver meals, we have a chance to check in on our clients’ safety,” says Caitlin Sly, Executive Director. “But during these hot summer months, heatstroke can occur quickly and may have serious consequences. A fan provides significant relief during these scorching days.”

Donations of new fans can be sent directly to Meals on Wheels Diablo Region after purchasing online or can be dropped off in person at **1300 Civic Dr., Walnut Creek 94596** between the hours of 9 AM to 4 PM, Monday through Friday.

MOW Diablo Region encourages you to purchase other donation items on their [Amazon Smile Charity List](#) which will contribute a percentage of the purchase back to the non-profit.

***About Meals on Wheels Diablo Region: Helping over 6,700 seniors each year, our mission is to enhance the lives of older adults in Contra Costa County by delivering nutritious meals and supportive services that enable***

*Meals on Wheels Diablo Region is an independent non-profit and the only meals on wheels in the county to deliver both meals and life-improving services that include, Fall Prevention, Care Management, Health & Wellness, Friendly Visitors, and Friendly Callers.*



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*them to live independently and with dignity. Our dedicated staff of experts connects seniors with essential services in Contra Costa County. We work to keep our elderly neighbors nourished, healthy, safe, and independent because we provide more than a meal. [Learn more about our work here.](#)*

*As our list of seniors in need grows, so does our need for more volunteers. Help us support more seniors in the community! If you would like to volunteer with us, [please click here.](#) We are currently seeking Friendly Helpers and Meal Delivery Drivers.*

*Stay in the loop with our updates and announcements, [follow us on Facebook!](#)*