



## PRESS RELEASE

### Travis Credit Union Sponsors Meals on Wheels Diablo Region Hoarding Webinar

Travis Credit Union has joined Meals on Wheels Diablo Region as a platinum sponsor of the webinar, *Hoarding: How to Help Your Loved One*. This free event is designed to help family members and friends understand and help the people in their lives who are hoarding. People can access the webinar by registering at the link below on Thursday, June 17 from 6:00-7:00pm.

Hoarding is a serious problem that can become more pronounced in the elderly. Adult children often have difficulties understanding the reasons for hoarding and how to help their parents who are hoarding. This presentation features an Older Adult Mental Health Specialist, a Professional Organizer & Coach, and a Code Enforcement Officer with the City of Concord. The presentation will be followed by a question and answer session.

Travis Credit Union joined as a sponsor because it offers programs to help people organize their financial information. "As a sponsor, Travis Credit Union is a firm believer in creating the right environment and educating the communities on how to achieve financial wellness. Organizing our living space and financial-related paperwork is a big step towards building a better financial future. As part of their Awesome Cause, Travis Credit Union brings free educational webinars that can be accessed through their website [traviscu.org/webinars](http://traviscu.org/webinars) on a variety of financial topics to help you achieve financial success."

*Hoarding: How to Help Your Loved One* is also sponsored by Westmont Living of Brentwood, Boomers Insurance Group, Grandson's Estate Sales, and Fremont Bank. If you know someone who hoards or are interested in the topic register in advance by going to [https://us02web.zoom.us/meeting/register/tZAsdOGhpzMiE9H\\_yWQL-pHntNA8yWI-XqDr](https://us02web.zoom.us/meeting/register/tZAsdOGhpzMiE9H_yWQL-pHntNA8yWI-XqDr)

#### SPONSORED BY



Meals on Wheels Diablo Region is an independent non-profit and the only meals on wheels in the county to deliver both meals and life-improving services that include, Fall Prevention, Care Management, Health & Wellness, Friendly Visitors, and Friendly Callers.