

PRESS RELEASE

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Tips for Change Benefitting MOW Diablo Region at Gianni's Italian Bistro



Contra Costa County, September 13, 2022 - When you eat, it's possible to help others eat, too. That is the idea behind the Tips for Change fundraising event on September 19th at Gianni's Italian Bistro in San Ramon. Meals on Wheels (MOW) Diablo Region will get 10% of every meal ordered at the restaurant or take-out that evening, and 100% of the tips. The funds raised will help us continue to deliver meals to the vulnerable seniors who depend on MOW Diablo Region to keep them from going hungry.

Here's how it works: When you dine at Gianni's on Monday, September 19th, your waitstaff will be MOW Diablo Region employees working to earn your tips and a percentage of the bill. What could be better than enjoying a great meal and helping to feed vulnerable seniors? How about adding the generosity of an anonymous donor who will match whatever we raise that evening? The impact of your participation will be doubled and help so many more seniors!

Elders in our community are often the hidden hungry because they live alone, have a fragile support system, and are unable to get to the supermarket or prepare a meal. Last year, MOW Diablo Region delivered over 600,000 meals, helping ensure that our elderly neighbors do not go hungry.

Meals on Wheels Diablo Region is an independent non-profit and the only meals on wheels in the county to deliver both meals and life-improving services that include, Fall Prevention, Care Management, Health & Wellness, Friendly Visitors, and Friendly Callers.



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Treat yourself to a delicious meal while supporting a wonderful cause on **September 19th** at Gianni's Italian Bistro, 2065 San Ramon Valley Blvd., San Ramon. Reservations are required by going online at <https://www.giannissanramon.com/> or calling **925.820.6969**. Indoor and outdoor seating is available and take-out orders also apply to the fundraiser. Large parties over 6 must call the restaurant for reservations.

We look forward to serving you, so we can deliver to others!

About Meals on Wheels Diablo Region: *Helping over 6,700 seniors each year, our mission is to enhance the lives of older adults in Contra Costa County by providing coordinated care that enables them to live independently and with dignity. Our dedicated staff of experts connects seniors with essential services in Contra Costa County. We work to keep our elderly neighbors nourished, healthy, safe, and independent because we provide more than a meal. Learn more about our work here. As our list of seniors in need grows, so does our need for more volunteers. Help us support more seniors in the county! If you would like to get involved, [please visit our website](#). We have several open positions for employment, [click here to join the team](#). Stay in the loop with our updates and announcements, ["LIKE" and connect with us on Facebook!](#)*