

Monday

Tuesday

Wednesday

Thursday

Friday



NEW YEAR'S DAY HOLIDAY!



NEW YEAR'S CELEBRATION!

Oven Fried Chicken
 Cream of Tomato Soup
Italian Vegetables
 * Mashed Potatoes
 WW Crackers
 Sherbet
 (Fresh Fruit)

☞ **Vegetarian Bean Burrito**
 w/Red Sauce & Cheese
Mexicali Corn
 * Spinach Salad
 w/Ranch Dressing
 Applesauce

Krabby Cake
Potato Leek Soup
 * California Blend
Rice Pilaf
Tossed Salad
 w/Honey Mustard Dressing
Tartar Sauce
Fresh Fruit

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Meatballs w/Mushroom Gravy
Capri Vegetables
Buttered Noodles
Mixed Green Salad
 w/Balsamic Vinaigrette
 * **Tangerine**

COLD PLATE

Asian Chicken Salad
 * (Mandarin Oranges, Spring Mix,
 Sesame Seed Dressing, &
 Crispy Noodles)
Bok Choy Soup
Carrot Raisin Salad
Hawaiian Roll w/Butter
Banana

* **Beer Battered Fish**
 and Chips
Clam Chowder
 * **Confetti Coleslaw**
 Tartar Sauce, Vinegar
 * **Tropical Fruit**

Chicken Curry
 over Steamed Rice
Apple Juice
 * Broccoli Florets
Sliced Carrots
Strawberry Gelatin
 w/Mixed Fruit
 (Diet Strawberry Gelatin
 w/Mixed Fruit)



Southern Style Glazed Ham
 * Steamed Spinach
 * Yams
Corn Bread w/Butter
Grandma's Peach Crisp
 (Peaches)

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Pork Carnitas
 w/Salsa
 on a Flour Tortilla
Refried Beans
 * **Pineapple Coleslaw**
Cinnamon Applesauce

* **Tuna Casserole Au Gratin**
 * **Winter Vegetables**
Diced Carrots
Mixed Green Salad
 w/1000 Island Dressing
Sliced Pears

Tempting Turkey Tamale Pie
 w/Corn Bread Topping
Pinto Beans
 * Broccoli Florets
Tossed Salad
 w/Blue Cheese Dressing
Fresh Fruit

Ye Old Pub Cheese Burger
Minestrone Soup
 * **Seasoned Potato Wedges**
Vegetable Bean Medley
Lettuce, Tomato & Onion
Catsup, Mustard
Mayonnaise & Relish
Bun
 * **Citrus Fruit Cup**

Southwest Chicken Pasta
 * California Blend
Fiesta Corn Salad
Ice Cream
 (Pineapple Chunks)



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MARTIN LUTHER KING JR HOLIDAY!



Cheesy Red Lasagna
 w/Parmesan Cheese
Grape Juice
Italian Green Beans
 * Spinach Salad
 w/Creamy Italian Dressing
Chocolate Pudding
 (Fresh Fruit)

Breaded Cod
Cream of Spinach Soup
 * **Cheesy Scalloped Potatoes**
Capri Vegetables
WW Crackers
Tartar Sauce
 * **Mandarin Oranges**



COLD PLATE

Thin Ham Slices
Split Pea Soup
Pickled Beets & Onions
Carrot Raisin Salad
Lettuce & Tomato
Mustard, Mayonnaise
Rye Bread
 * **Tropical Fruit**

Hearty Beef Stew
 * **Broccoli Spears**
Vegetable Bean Medley
Biscuit w/Butter
Mixed Fruit



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NEW ITEM!

Seafood Newburg Casserole
 (with Shrimp & Mock Crab)
 over Wild Rice
 * California Blend
Green Peas
Fresh Fruit

Garlic & Herb Chicken
Mushroom Barley Soup
Capri Vegetables
 * **Baked Potato w/Butter**
Banana Cake
 (Banana)

COLD PLATE

Roast Beef & Swiss
 on Rye Bread
Hearty Vegetable Soup
 * Marinated Broccoli Salad
 * **Creamy Coleslaw**
Lettuce & Tomato
Mustard, Mayonnaise
Chilled Peaches

Spinach & Mushroom Alfredo
Pasta w/Parmesan Cheese
 * **Winter Vegetables**
 * **Stewed Tomatoes**
Lemon Gelatin
 w/Whipped Topping
 (Diet Lemon Gelatin)



= Item is higher in sodium
 * = Vitamin C
 _ = Vitamin A
 () = Dessert of Choice
 All meals served w/low fat milk



**DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON JAN. 2 AND 11
 4 DAILY ALTERNATIVE ENTREE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!**