



PRESS RELEASE

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Meals on Wheels Diablo Region Urges Community to Speak Up for Seniors in County Funding Decision

(SEPTEMBER 2025 – WALNUT CREEK, CA) Food insecurity is rising across the country, and in Contra Costa County, older adults are among the most at risk. Meals on Wheels Diablo Region (MOW Diablo Region) is calling on residents to make their voices heard as the County decides how to allocate \$14 million in one-time federal funds to support community programs.

Each week, MOW Diablo Region delivers more than 13,000 meals to over 1,900 homebound seniors throughout Contra Costa County. In addition to providing nutrition, the program ensures that seniors receive regular safety checks and friendly visits that combat isolation and help them maintain their independence.

“Older adults in our community depend on Meals on Wheels Diablo Region not only for meals, but also for connection and support,” says Michelle Hayward, Director of Development and Community Relations. “As the demand for our services continues to grow, it is critical that seniors remain a priority in local funding decisions.”

The Contra Costa County Board of Supervisors is currently deciding how to distribute \$14 million in one-time ARPA/FEMA Reserve funds:

- \$1 million per district will be directed by individual Supervisors to address urgent needs.
- \$9 million countywide will be allocated based on input from the Community Impact Survey and upcoming town halls.

Meals on Wheels Diablo Region urges residents to take action:

- Complete the Community Impact Survey and emphasize that protecting seniors from hunger must remain a priority. [Contra Costa County Community Impact Fund Survey](#)
- Attend your Supervisor’s town hall or community meeting to speak directly about the importance of supporting senior nutrition programs. [Find my Supervisor | Contra Costa County, CA Official Website](#)

“In these uncertain times, community voices can make a tremendous difference,” said David Linnell, Executive Director. “By taking a few minutes to fill out the survey and connect with your Supervisor, you can help ensure that no senior in Contra Costa County goes hungry.”

***About Meals on Wheels Diablo Region:** Helping over 8,500 seniors each year, our mission is to enhance the lives of older adults by delivering healthy meals and providing an array of supportive services that empower seniors to live independently, safely, and with dignity. Our dedicated staff of experts connects seniors with essential services in the county. We work to keep our elderly neighbors nourished, healthy, safe, and independent because we provide more than a meal. [Learn more about our work here.](#)*

Meals on Wheels Diablo Region is an independent non-profit and the only meals on wheels in the county to deliver both meals and life-improving services that include, Fall Prevention, Care Management, Health & Wellness, Friendly Visitors, and Friendly Callers.