



MEALS on WHEELS **DIABLO REGION** **HOLIDAY GIFTING GUIDE**



Our Senior Clients love receiving handmade gifts from the community. It's one of the best ways for them to feel seen and appreciated!

Basic Requirements:

- All gifts should be neat and show care – ask yourself, is this something you would want?
- Please donate the gifts in quantities by the dozen (12, 24, 36 gifts, etc.) or in groups of 15s (15, 30, 45 gifts, etc.)
- All items should be non-denominational and non-political
 - We do accept Christmas and Hanukkah gifts in December!

Next Steps: Contact Meals on Wheels Diablo Region with the following information:

- What are you donating?
- How many?
- Which region/city would you like to receive the gifts and when?
- Your preferred date for dropping off the donation at our office

Contact Us:

Our Volunteer Coordinator or Nutrition Program Senior Manager will happily help arrange the deliveries. With your permission, we would also love to take photos of you and/or your group with your donation to share with our community as well!

Volunteer Coordinator:

volunteer@mowdr.org

Nutrition Program Senior Manager:

ffonseca@mowdr.org

Communications Manager:

sschaefer@mowdr.org

Meals on Wheels Diablo Region Office:

(925) 937 8311



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What to Make?

Here is a list of gifts we have received in the past:

- Rubber Jar Grippers
- Keychains
- Quilted Table Placemats
- Felt Scarves
- Blankets
- Christmas/Hanukkah Stockings
- Decorated Pumpkins
- Crocheted Coasters
- Small Clay Jewelry Bowls
- Decorated Paper Fans

This list is meant to guide you, not limit! Feel free to be creative and create anything you think would brighten our senior's day!

Card Guidelines:

- Cards should be in an envelope with a note or design on the outside
- A thoughtful message or a fun/silly joke on the inside
- Neatness with visible effort to make them special
 - We have received wonderful cards made by children, effort from all ages and abilities is great!
- Use pens or markers (NO pencil!)
- Stock cards or homemade cards are recommended
 - if you are going to make homemade cards, please do not rip the paper by hand to keep the cards looking neat



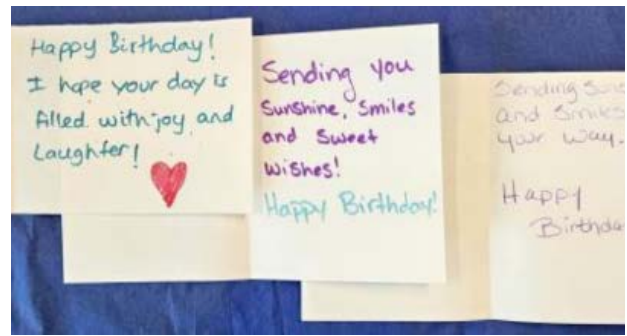
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Photo Examples of Cards



Birthday Cards



Seasonal



Thinking of You



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Photo Examples



Holiday Wreaths from Girl Scouts! Decorated Pumpkins from the NCL!



Placemats from The Scrappy Quilters!



Valentine Gifts!



Blanket Donations!