



CONNECTIONS that NOURISH



A MESSAGE OF THANKS

Dear Friends of Meals on Wheels Diablo Region,

Thank you for standing with us throughout **2025** and our **July 2024–June 2025 fiscal year**. Your commitment has helped Meals on Wheels Diablo Region respond to the evolving needs of older adults across our community.

This year marked meaningful progress and important transitions. When our **Breakfast Bag** program concluded in October, our team worked quickly to ensure no senior was left behind. Every client who was not already receiving Home-Delivered Meals was successfully enrolled, maintaining access to nutritious food and weekly safety checks. We also launched our new **Global Menu** in partnership with TRIO Community Meals, expanding meal variety to better serve our diverse community while improving efficiency for staff, drivers, and volunteers.



Your Impact in Action

One powerful example of this work reached far beyond Contra Costa County. A short media clip featuring one of our clients, Alfred D., was viewed more than one million times online. To many, Alfred appears to be a quiet neighbor—but his story resonated deeply. Viewers learned that Alfred once represented Egypt as an Olympic gymnast and later became a competitive bodybuilder, his journey captured national attention.

For Alfred, however, the true impact isn't the recognition. It's the dependable meals and friendly weekly check-ins that allow him to continue living independently in the home he shared with his late wife. His experience reflects the heart of our mission: delivering nourishment, connection, and dignity to each person we serve.

Looking Ahead

Over the past year, we also laid the groundwork for future growth. In 2026, Meals on Wheels Diablo Region will expand to offer **full-service operations in West County**, adding Home-Delivered Meals to the supportive services already available in the region. We are also preparing to move into our **new headquarters in Shadelands, Walnut Creek** this spring and we extend our sincere thanks to BPM for hosting us since 2022 and assisting with the transition.

We are proud to collaborate with local nonprofit partners in the **Food Security Collaborative of Contra Costa County**, working together to address hunger and food insecurity close to home.

None of this progress would be possible without our volunteers, donors, community partners, and the older adults and families who trust us each day. Your belief in this mission strengthens our work and nourishes connections within our community.

Sincerely,

A handwritten signature in black ink, appearing to read "David Linnell".

David Linnell
Executive Director



Featured client Alfred D.

FINANCIALS

60% Government Contracts

20% Individual Donations

10% Foundations & Corporations

10% Events & Other

Fiscal Year Financial Report

July 1, 2024 to June 30, 2025

\$6,704,211

Revenue

\$6,347,965

Expenses

\$356,256

Increase in Net Assets

\$6,704,211

Total Operating Revenue

\$ 94¢

on every dollar goes to providing services.

OUR MISSION

Enhance

the lives of older adults

by delivering healthy meals

and providing an array of

supportive services

that empower seniors to live

independently, safely, and with dignity.



Board of Directors

Chair: Lindy Maynes-Kolthoff

Vice Chair & Treasurer: Tessie Bellarmine

Kevin Barnett

Alison Negrin

Leadership Team

Executive Director: David Linnell

Director of Administration: Lise Bodine

Human Resources Director: Shana Darby

Director of Finance: Peter Dy

Director of Development & Community Relations: Michelle Hayward

Senior Program Managers: Fern Fonseca,

Lidia Guitierrez, Tuyet Iaconis

Staff & Volunteers

36 Full Time

27 Part Time

535 Volunteers

THANK YOU TO OUR DONORS!

We are grateful to all of the foundation, corporate, and community supporters, as well as our nearly 5,000 individual donors, whose generosity makes it possible for our organization to provide home-delivered meals and supportive services to seniors in need across Contra Costa County.

Able Auto Charity Donation Corp.
Antioch Community Foundation
Blackhawk Bloomers Garden Club
California Foundation for Stronger Communities
Capital Group American Funds
Community Foundation of Lafayette
Concord United Methodist Women
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Food Security Collaborative
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Mabel Horrigan Foundation
Marathon Petroleum Foundation
May and Stanley Smith Charitable Trust
Meals on Wheels America
Meals on Wheels California
Metro Services Group
Nordstrom Walnut Creek
Orinda Community Foundation
Pacific Service Credit Union
PCS Technology
Pacific Gas and Electric Company
Pinole Classic Car Show
Realtors Marketing Association
Rosendin Foundation
Rossmoor Fund
Rossmoor Garden Club
Rossmoor Knitters and Crocheters
Rossmoor Rotary Foundation
Safeway Foundation
San Ramon Valley Kiwanis Foundation
Save Mart Supermarkets
Shell Ridge Community Church
Sparity
St. Anne's Catholic Church
Suzie S. Thorn Family Foundation
The Burgess Team
The Connection (Rossmoor)
The Freitas Foundation
The Men's Club
TWANDA Foundation
Veterans of Foreign Wars Post No. 6435
Virtue + Vice Restaurant
Westamerica Bank
Whole Foods Foundation
ZOLO Healthcare Solutions

Thank you to our Gala Sponsors

Diamond Sponsor

★ Pacific Gas and Electric Company

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Sunpoint Public Adjusters, Inc.
The Burgess Team
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Tri Counties Bank
Trio Community Meals
Valero Benicia Refinery
Westamerica Bank

HOW TO FURTHER OUR MISSION

 **Subscribe**

 **Volunteer**

 **Donate**

Join our email list and receive updates on our work in the community. Sign up at www.mowdiableregion.org/newsletters

Our volunteers are the heart of what we do. Contact us at volunteer@mowdr.org today for more information.



Donating monthly is a great way to sustain our programs and services. Scan the QR CODE to become a monthly donor or call us at (925) 937-8311 to make a donation.



2025 PROGRAM HIGHLIGHTS



NUTRITION

494,290 home-delivered meals

40,385 cafe meals

114,405 breakfast bags

67,900 grocery bags



HEALTH AND WELLNESS

2,298 adults exercised with us
in 2025 in 218 classes.

FALL PREVENTION

299 fall prevention clients

169 home safety modifications

126 home safety devices installed



FRIENDLY VISITORS & HELPERS

484 clients

6,067 visit hours completed

1,024 errands completed



FRIENDLY CALLERS

made **3,514** calls
in 2025

OLDEST CLIENT

103
years old!



COMMUNITY OUTREACH

1,377 older
adults directly
connected
to critical
supportive services that improve
safety and quality of life



90 elder abuse interventions
including victims of financial,
physical and emotional abuse



PETS

432 bags of pet food provided to
local seniors, thanks to our partnership
with Joybound People & Pets.



CORPORATE IMPACT

Nearly **6,500** meals donated
and delivered since 2021, thanks to
the **Subaru Share the Love®** Event



45 cars donated
in 2025 through our
charity partner,
Able Auto





MEALS on WHEELS

DIABLO REGION

390 N Wiget Ln, STE 200, Walnut Creek, 94598
www.mowdiabloregion.org

Delivering more than a meal, Meals on Wheels Diablo Region is a leading senior service provider of home-delivered meals, fall prevention, congregate meals, health and wellness programming and care management services. We are the only Meals on Wheels in Contra Costa County that directly serves seniors in need.

If you or someone you know can benefit from our services, please call our office at (925) 937-8311 or visit our website.



The 2025 Dining to Deliver Gala was a record-breaking fundraiser for Meals on Wheels Diablo Region, bringing together community members for an evening of inspiration, celebration, and generosity. The evening featured a show-stopping duet by Ellen "The Singing Auctioneer" Toscano and former Board Chair Renee Morgan, followed by a lively dance hour with music from The Time Bandits. A vibrant silent and live auction energized the room, with one-of-a-kind experiences and items that helped drive the night's outstanding results.

We are deeply grateful to our exclusive Diamond Sponsor, Pacific Gas and Electric Company, and our Emerald Sponsor, CSAA Insurance, whose commitment and partnership helped make this unforgettable evening possible.

"The Dining to Deliver Gala is a celebration of the dedication that fuels our mission," says David Linnell, Executive Director of Meals on Wheels Diablo Region. "Thanks to the generosity of our sponsors and attendees, this annual event helps us better meet the growing needs of our older neighbors and continue delivering weekly meals to more than 2,500 seniors."

We look forward to the **5th annual Dining to Deliver Gala on Saturday, June 6, 2026, at the Blackhawk Museum in Danville.** With the theme *Everything in Bloom*, the evening will celebrate new beginnings and continued impact.



To learn more about sponsorship opportunities or to join the invitation list, please contact events@mowdr.org or scan the QR code for details.