

Are you vaccinated against Covid-19 (fully or partially)?  Yes  No  I don't wish to answer

If no, do you plan on getting vaccinated against Covid-19?  Yes  No  I don't wish to answer  Not applicable

Date \_\_\_\_\_ Name \_\_\_\_\_

Employed  Retired  Unemployed Employer/Retired From \_\_\_\_\_

Group Affiliation (if applicable) \_\_\_\_\_

Mailing Address \_\_\_\_\_

Preferred Phone (A mobile phone is required for our Meals On Wheels Volunteer Drivers) \_\_\_\_\_

Email \_\_\_\_\_

Which volunteer programs and opportunities are you interested in? (Please check all that apply.)

- Meals on Wheels (Delivery driver)   
  General Office Help   
  Cafés  
 Friendly Visitors   
  Special Events   
  Other \_\_\_\_\_

Make and Model of your vehicle \_\_\_\_\_

**SCHEDULING** (Most volunteer opportunities require a six-month minimum commitment)

What days of the week are you able to volunteer? \*For Special Events Only

- Monday     Tuesday     Wednesday     Thursday  
 Friday     Saturday\*     Sunday\*

In what geographic area do you wish to volunteer?

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Antioch       | <input type="checkbox"/> Crockett      | <input type="checkbox"/> Oakley        |
| <input type="checkbox"/> Alamo         | <input type="checkbox"/> Danville      | <input type="checkbox"/> Orinda        |
| <input type="checkbox"/> Bay Point     | <input type="checkbox"/> Discovery Bay | <input type="checkbox"/> Pinole        |
| <input type="checkbox"/> Bethel Island | <input type="checkbox"/> El Cerrito    | <input type="checkbox"/> Pittsburg     |
| <input type="checkbox"/> Brentwood     | <input type="checkbox"/> Hercules      | <input type="checkbox"/> Pleasant Hill |
| <input type="checkbox"/> Byron         | <input type="checkbox"/> Knightson     | <input type="checkbox"/> Richmond      |
| <input type="checkbox"/> Clayton       | <input type="checkbox"/> Lafayette     | <input type="checkbox"/> Rodeo         |
| <input type="checkbox"/> Concord       | <input type="checkbox"/> Martinez      | <input type="checkbox"/> San Pablo     |
|  | <input type="checkbox"/> Moraga        | <input type="checkbox"/> Walnut Creek  |

Additional Comments \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**How did you hear about us?**

- Friend  
 Court Appointed  
 MOWDR Newsletter  
 MOWDR Website  
 Newspaper  
 Nextdoor  
 Car Magnet  
 Other Website  
 Faith Community  
 Radio Ad  
 Facebook  
 Television  
 Billboard  
 Presentation  
 Other

**EMERGENCY CONTACT:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**SCREENING QUESTIONS:** Our volunteer screener, Sterling Volunteers, requests a \$16.00 fee to cover the cost of a background check. You have a choice to cover the cost of the screening — either in part or in full — off-setting this expense for MOWDR. If you do not choose to cover this charge, it will be absorbed by MOWDR. I am willing/ able to make this donation: Yes No

I am in good health and free of communicable diseases: Yes No

Have you ever volunteered before? Yes No

If yes, where? \_\_\_\_\_

Level of Education: High School Bachelor’s Master’s PhD Area of Study: \_\_\_\_\_

Technical School/ Other: \_\_\_\_\_

My first language is: \_\_\_\_\_ Other languages? \_\_\_\_\_

**MEALS ON WHEELS VOLUNTEER AGREEMENT (INITIAL ALL)**

\_\_\_\_\_ I understand that if I am selected for a volunteer assignment that requires a criminal background check, I have the option to make a \$16.00 donation — either in part or full — to MOWDR in order to cover this expense.

\_\_\_\_\_ I will not divulge or discuss any confidential information including, but not limited to, private health information, financial situation, name, or home address of any MOWDR clients to anyone at any time, except my volunteer supervisor.

\_\_\_\_\_ I give permission for any photograph, video, or audio of myself obtained during volunteer activities to be used in informational material for publicity on the web, print and social media and/or training purposes without compensation from MOWDR or its partners.

\_\_\_\_\_ If I become a volunteer, I understand that my volunteering is terminable at will either by MOWDR or me, regardless of the length of my volunteering.

\_\_\_\_\_ I will not accept any tips, donations, or gifts from clients.

\_\_\_\_\_ I will not receive any compensation for mileage incurred while volunteering for MOWDR.

\_\_\_\_\_ I will not volunteer under the influence of drugs or alcohol.

\_\_\_\_\_ I will not attempt to sell, proselytize, promote any political opinions, or solicit any services to any clients at any time.

\_\_\_\_\_ I will contact my volunteer supervisor as soon as possible if there is any change in my schedule or availability.

\_\_\_\_\_ I will return any keys, computers, documents, and property of MOWDR at the end of my volunteer term.

\_\_\_\_\_ I am at least 18 years of age. (If I am not, a parent or legal guardian’s signature is also required.)

\_\_\_\_\_ I am at least 21 years of age. (If I am applying to become a Meals on Wheels driver.)

\_\_\_\_\_ I understand that any misrepresentation or omissions on this application may be considered sufficient cause for rejection of this application. By signing this form, I agree that the statements and conditions above are true and correct.

\_\_\_\_\_  
Print Applicant Name

\_\_\_\_\_  
Applicant Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Guardian Name (if applicable)

\_\_\_\_\_  
Guardian Signature

\_\_\_\_\_  
Date

Please send this completed application to Nicholas Chang, Volunteer Development Associate at [volunteer@mowdr.org](mailto:volunteer@mowdr.org) or 1300 Civic Drive, Walnut Creek CA 94596.